3.1 v,ltz ltpn;tw\ i ,x a&&u p^ y0i aqmi & u r
qifon r t b , en ;
3.1 - zwf&e

vrtOif;tOif;twif;& ven;pw\ yJ0ir tcef;u@

y;aygi;vyaqmifjci;on Eiiom;ynma&;Ei t\ul;0iowi;? vrm;p? ven;pr[quE , ywouvsu &on/ xuo vrm;ptzUrm;a&m? ven;ptzUrm;yg twwu y;aygi;yg0iluu&mwi en;vr;trS;rS; &on/ xen;vr;wrm atmuazmjyyg twi; jzpluon/

ven;pr 0;aqmi vy&m;jyD; vrm;pEi tw q;jzwfcu crwfci;
ven;prm; 0;aqmi vy&m;jyD; u ,wf tD;uvjci;
vrm;pr 0;aqmi vy&m;jyD; ven;pEi tw q;jzwfcu crwfci;
vuscifEi to trwfyjci;
ae&mcsxm;ay;jyD; to trwfyjci;
ae&m ten;i ,ay;jci;
jzrpu y0iapjci;
tD;uvjci; ,v ,jci;

1/ tD;uvjci; ,v ,jci;

vrm;p \ tuS;p;ym;twu ven;pwu to;cwwluon/ (0yrm - a&;aumuy vaqmrrm;wi Eiia&;orm; rm;u ven;ptzUrm;u uwu0wrm;ay;ly; pn;½;wwluon/) xo vyaqmi&mwi ven;prm; \ tuS;p;ym;twu [í trnwyum pn;½;qaqmiwwluonu awU&ayon/

2/ jzrpu y0iapjci;

ven;prm;u vjriaumi;½r\ yg0iapjci; jzpon/ xaemu]vrm;p \ vyaqmicuon rwujym;rrm;u axmuyusio;on} [trnwyrn/ o&mwivn; þvyaqmicuwi]ven;ptuS;twu aqmi&ujci;jzpon} [pn;½;jci; r&acs/

3/ ae&m ten;i ,ay;jci;

ven;ptaejzi ta&;ygr oyr&on ae&mu@r yg0ivy&m;Eion/ o&mwivn;]rwujym;r} [aom acgi;p0atmuwiom yg0i&jci;jzply; ven;pw \ tuS;p;ym;rm;u xnoi; p0;pm;vrrn r [wacs/

4/ ae&mcsxm;ay;jyD; to trwfyjci;

ven;ptaejzi tce;u@wp&yr yg0iEirn/ o&mwivn; ven;pw rnon ae&mr yg0i&rn? rnonwU vyaqmi&rnu vrm;pjzpowu csxm;owrway;rn/ xaemu tqyg owrwcsurm; twi; ven;pw vucoabmwr &? r& y;aygi;aqmi&uvpw &? r&u q;jzwapon/

5/ vucsfjci;Ei1 tcGtcrwlnDjci;

vlrsm;pr a&;q azmaqmifvsuf&on prue;rsm;wi vlen;pwu vuctotrwljyjci; jzpon/

6/ vlrsm;pr 0;aqmifvyf&mwGif vlen;pEi1tw q;jzwcsuf crwfjci;

&y&mzUlzl;a&; uoaom prue;rsm;wi r0g'crwolrsm;? vlrtoi;tzUrsm;? a'ocrsm; taejzi vlen;pwuyg xnoi; yg0iapvsu prazmaqmiwwluon? q;jzwcsu crwwwluayon/

7/ vlen;prsm; 0;aqmifvyf&mwGif u,wi lkJ:luyjci;

vlrsm;p\ xyg;aEmi,ur ryg0ib vlen;pwu ,wi prue;rsm;u a&;qEion? taumitxn azmEion?ljuluyEiayon/

8/ vlen;pr 0;aqmifvyf&mwGif vlrsm;pEi1 tw q;jzwcsuf crwfjci;

vlen;pwu prue;rsm;u a&;q taumitxnazmljuluyly; vlrsm;pEitw q;jzwcsucrwjci; jzpon/

Adapted from : Davis, p. 78

3.1 - aOUj[mrsm;

(u) vlYtzGJtpnf;twGif; yg0ifjci;
- yg0ion
- vlrtoi;t0i;
- wuuvy&m;r

(*) apwem0ixm;
- unu,q,a&;
- vwvyaom
- vyaqmion

(c) လူမှုအပြောင်းအလဲ
- ujym;on
- omveaumi;reon
- vlrtoi;t0i;

(C) jcpm;r
- aialu;
- ay;aqmion
- vmbay;vmb,lr

(C) ljuluyEiG vy,lr
- xe;cslyon
- vrnmon
- tmPm

(p) a&;aumuf&r
- ray;on
- 'rua&p
- tp;&

3.1 - tcsuf&Gm;rsm;

(u) &y&mtoi;tzUrsm;? NGO rsm;u ywor;&rn/ qi;&Er;yg;olrsm;u yy;ay;&erm tp;& wm0eom jzpon/

(c) aumi;tycsfya&;wi aumi;om;rsm;u,wi yg0ici &&rn/

(*) qEjyrlrsm;? oywarmurlrsm;on tmPmyi rsm;twu pwtaEmit,ujzpapon twuaiumi tqyg vy&yrsm;u ueow ywyixm;oion/

(C) vli,rsm;taejzi rrwtay: oua&muvsu &on q;jzwcsucrwrlrsm;wi yg0i q;jzwci &oion/

3.1 y|}tz]tpn;tw}i x a&&u p}r yg0i aqrmi & u r q tb,f&en ;

vSyaqmi/#u1 avqiE marmio,waycu(tajymi;tvtwuen;vr;4o,)/

taumif;tMu vrtajymi;tvrm; azmaqmiEirn en;vr;rm;Ei tqyg en;vr;wp&yp\ aumi;u;? q;jyprm;u qe;ppjci;/

&nf&G,csuf rwujym;aomwm0e u@rm;uwez ;xm;wwjci;twn aqmujci;? wm0e u@tm;v;tm;u ,cci;pmem;vnr&&vmap&eEi ajymi;vrtm; rwujym;aomc0;uyrrm;wnaqmu&e&n&,on/

oif;axmif;uyp&n;rm; pm&u wp&upay:wi(A)?(B)(C)?(D) [íà&;om;ly;pmoice;ae&m to;o;wi uyxm;&rnaumi;om;wp0;p taejzitmuywv tyrizpon/ (oiaxmuupm&u 3.1.1) y]rewi;tve}/

vSyaqmiyD;taqmif&Guf;qi

1/ (oiaxmuupm&u 3.1.1) y]rewi;tve}aompmuzw½apy/

2/ jzpEiac&aom vyaqmicurm;(A?B?C?D) wteurwpcu a&;c,ap&rn/ rrwa&;c,rtvu pmoice;twi; owrwxm;on ae&mto;o;wi om;a&mu ae&m,ap&rn/ (xo ae&m,&mwi aumi;om;yrmPwn atmiq&mzpo uuyrway;E ion/)

3/ x aemua&;c, rwn omaumi;om;tci;citzrm;zly;atmu azmjyyw aq;aE;apy/

- x vyaqmicutub, aumia&;c, c&oen;/
- tjcm;aom vyaqmicurm;taryn o½jrio ;oyroen;/
- vr tajymi;tvrazmaqmi&mwivru@w run r|txta&;yr& oen;/

4/ x caq;aE;ly;aemu(A) on]u,q,a&;orm;}?(B) on]vaqmpn;½;o}?(C) on]tajymi;tv azmaqmio}?(D) on]awmveo} ponjzi to;o;u,pm;jyaeaumi;ajymjyay;&rn/ xaemu tzwpzptrz0iwp0;pyg0i ontzi,rm;topxyrzpn;ap&rn/

5/ tz top twi;wirwu ,pm;jyaeonvyaqmicurun r|txta&;yaumi;wp vnaqq;aE; ap&rn/

aq;aE;&ef ar;cGef;rm;

1/ tz top twitjrirwo rm;jzaiq;aE;ajymq &mwirn o aotmcu tcrm;u aw&oen;/

2/ x tjrirwortaejzirrEi twuwvyaqmi vmuap&en opn;ï;Eirnen;/

3/ en;vr;tr;r½;axmi tr;&jci;urn ontu;w&m;rm;cpm;E iaprnen;/

lrÜi , wplrÜu rewi; wuom;on/ op? 0g;uav;rsm; aqmuxm;on tri , av;rsm; &mEics ysup;epjrJyueon/ v 40 ce aysmuq;aeq jzpon/ xow rrw trwiom ywraeonvm;? &m te;wp0u& a&vr;on ae&mrsm;wi ywraeonvm; rajymEiao;/ ouqi&m a'owm0e&ow taejzi rewi; ta&;twu zzp;p; aqmi&uay;jci;r&/ rewi;rwir Builwi jyiqirrsm;rmvn; jynpvavmujci; r&acs/ ulnu , q , a&; vyie;rsm;twuvn; wm0e , jci; r&onu awl&on/ trs;om; tp;&Ei jyne , tp;&wi vavmuon taxmu tyrsm; &aeaomvn; a'owm0e&owu tultn rawmi;xm;acs/

x tajc taers;Builawl&ygu rno &iqiajz&i;rnen;/ oiom xlrÜi , av; \ a'ocjzpygu rnonwu vy&m;aqmi&urnen;/

jzpEiaom&on vSaqmifcsuFrsm;

(u)]rewi;'Pcxm;&owrm ulu , &r jzpaely; tultn csucsi; vtyaern/ ojzpí tultn vtyowx csucsi;om;ly; u , q , a&;vyie;rsm; aqmi&u&rn/ rewi;'Pc vwi;u ulnay;Eirn r[waomvn; ten;q;taejzi uav;i , wi;twu vtyaom tultn taxmutyrsm; zew;ay;Eirn/}

(c)]a'owm0e&owu wu½uajymqlun&e von/ tqyg y*Ivw tultnrsm; csucsi; ray;Ei&on talumi;&i;u ar;&rn/ xowuom pn;½;Eiygu ppwytultnuyg awmi;cEivrrn/ lrÜ \ vyx;vyen;rsm;twi;aqmi&uoily;lrÜwi aexivsu&owi; tultnrsm; cpm;&&Eiapa&;twu xnoi; p0;pm;&rn/}

(*)]rewi;'Pcpm;c&owi; tm;v; yg0ion pn;a0;ywp&y vy&rn/ xaemu rnon tultnrsm; vtyaealumi; ar;jre;&rn/ bmoma&;acgi;aqmirsm; \ luyrway;rluvn; vtyrn/ uleawmwtm;v; y;aygi;ly; tp;&tultnrsm; &&cpm;Ei&e awmi;qlu&rn/}

(C)]tp;&u usywu acgi;xawmi rxnb;? bmtultnr ray;b;/ lrÜtycsya&;rL;aw b , em; aysmuaeluv/ usyw&U tou ouqi&m wm0e&oawlum;Eiatmi vylu&r , /]ta&;ay: tajctae} v tp;&u rxwjyeao;or{ rem;wr; wuy0i&rmy/ tp;&tultnu usyw b , avmuawmi vtyaevqwm oap&r , /}

3.2 vltzUtpn;twi; y;aygi;yg0ifvyk&m;jcif;\ tusK;w&m;rsm;
3.2 - zwf&e

y;aygi;yg0ifvyaqmif&Gufjcif;\ tusK;w&m;rsm;

vltzUtpn;twi; y;aygi;yg0ifvyk&m;jcif;on vlrtoi;t0i;rsm;twuaom vli,vl&,rsm;twuyg ta&;ygvayon/ tar&ueoawoeynm&i *sr;pa&mep (James Younis) Ei r&e'g &wp (Miranda Yates) wkd avvmawGU&cdu rsm;t& tou 12 Epr 24 Ep twi; vlra&; topw&ol vli,rsm;on vlra&;wi yg0ifjcif; r&on vli,rsm;xu b0tcutcrsm;u yr &iqiEily; rru,u aumi;pmxe;cdkyEiaumi; qxm;on/ xtjyi vlra&;vyie;rsm;wi vlyk&m;aqmi&uvsu&on vli,rsm;on rru,u wez;xm;wwly; u,u,u ,lunr&aumi;vn; avvmawGU&&ayon/

xtjyi atmuyg t&ntao;rsm; w;wuvmEiaumi;vn; tjcm;aom ynm&iwu qxm;luon/

1/ vyfaqmifaqmif&Gufvufrsm;

vltzUtpn;twi; yg0ifvyk&m;jcif;u vli,vl&,w\ quqa&;? trsm;Ei vyuiEirlpon t&ntao; rsm;u w;wuapon/ xt&ntao;rsm; yiqixm;rvn; vltzUtpn;twi; tajymi;tvrsm; y;aygi; azmaqmion tcgwi wpaxmiwpae&mr wu'upm yg0iEiluayrn/

2/ ñcdif;\ tqufrsm;

vlrtoi;t0i;twi; E;E;lum;lum; yg0irvn; rrwrnont&mu vyaqmiEirnu ojrivmrn/ xo totjri&i;vi;rvn; w&m;aom vlabmitzUtpn;u wnaxmi&mwi ,lunrtjynjzi vly&m; yg0iEiay vrrn/

3/ toif;p? tfwaq ñcd"mf wpfaqmufjcif;

vyie;uiie;rsm; twwu vyaqmilujci;jzi wp0;Eiwp0; tlum; quqa&; w;wuvmEion/ ,lunr wpxywn;uon up&yrsm;u vyaqmilujci;u vyazmuizursm; tlum; rom;ppw"mwu ar;zm;apvrrn/ xrwpqi cirmawmiwi;aom vlrtoi;t0i;wp&y ay:aygu vmEiayon/

4/ ujE0vrsm;u wez;xm;&uaejcif;

vlrtoi;t0i;wp&ytwi; wez;peprsm;u tav;xm;lu&evn; vtyvon/ xwez;rsm;u tajcclly; wp0;Ei wp0; y;aygi;vyaqmilurvn; rrw azmaqmivon vlrtajymi;tvu &&Eiluayvrrn/

5/ jA[0&w&m;

vltzUtpn;twi; y;aygi;vyaqmilujci;u rrlwrrsm;u &yweyp&e we;tm;ay;Eion/ xo y;aygi; vyaqmilujci;jzi rrlwrrsm; \ om;aumijzpae&olwtay: pmemoem;pw ay:aygu vmapayrn/ xpwu tajcclly; rrlwrrsm;u tq;wi we;veEiluayvrrn/

Adapted from: http://www.parl.gc.ca/Content/LOP/ResearchPublications/2010-23-e.htm#a7

3.2 - aO¦[m&rm;

(u) vrupp&Srm;

- jyó em
- cpm;csu
- ta&;up

(*) acsi;aqqiŒr

- vuemon
- jyno
- tmPm

(c) အမြင်သဘောထား

- ,lunr
- y*Ivva&;
- tcsutvu

(c) oiwn;ay;jcif;

- oi,lon
- oiay;on
- ausmi;om;

(C) tcsuŒtvu

- reuer
- t,tq
- ,lunr

(p) upp&Swpctay: tav;ay;olrsm;vmapr

- o&on
- tcsutvu
- em;vnoabmaygujci;

3.2 - tq¦rsm;

(u) tp;&tay: qeusijci;on vltzGtpn;twi; yg0ivIy&m;r\ ta&;ygaom tpwtyi; wp&yyi jzpon/

(*) rxnjci;on vltzGtpn;twi; yg0ivIy&m;r\ ta&;ygaom tpwtyi; wp&yyi jzpon/

(c) vrtoi;tzGrsm; zGpn;jci;? yg0ivIy&m;jci;on vltzGtpn;twi; yg0ivIy&m;r\ ta&;ygaom tpwtyi;wp&yyi jzpon/

(C) ppr;xr;aqmijci;on vltzGtpn;twi; yg0ivIy&m;r\ ta&;ygaom tpwtyi; wp&yyi jzpon/

(i) Eiiom;wi; ppr;xr;&rn[jy|me;xm;oion/

3.2 vy\tz tpn;tw pdkif;y0ifjcif;\ tus;w&m;rsm;

vdkyfaqmifcsdef	e ii a&;yl0i vy&m;oi yovm;/
taumif;tusdK	E iiwpE itjcm;E iiwpE ia&;ajymi;aex io vl E i\ia&;tay;jrirsm;u u ,wi copmjrijci;/
&nf&G,fcsuf	v tz tpn;twyl0ijci;ryl0ijci;w t\aumi;&i;rsm;uav vmqe;pp y; x tajctaewp&yp aumi;us\;q ;jyprsm;uqe;pp&e/
oifaxmufulypönf;rsm;	aumi;om;4 0;py0ion tzrsm;zEion/ tzwpzptwu (oiaxmuu upm&u 3.2.1) y]E iiom;wE \iia&;taytjrirsm;}/

vdkyfaqmifrnfhtqifhrsm;

1/ aumi;om; 4 0;p y0ion tzrsm; zay;y/ aumi;om;wp0;pon (oiaxmuu pm&u 3.2.1) y a&ajymi;E iiowp 0;p uu ,pm;jy&rjzp on/

2/ xaemu tqy Eiiom;wp0;pae&mr u ,pm;jy vsu ajymq aq;aE;&rn/ rrw taejzi a&ajymi; tajccvsu& onE ii top w Eiiia&,yrnr v yrn uaq;aE;ap&rn/

3/ x aemutz twi,aq;aE;cu rsm;u twe;owi jyaq;aE;apy/

4/ y;aemuwp we;v ;taejzaitmu yar;ce;w auq;aE; ajzq apy/

aqG;aEG;&ef ar;cGef;rsm;

1/ azmjyy Eiiom; 4 0;\ Eiia&; y0ivy&m;rtay tjrirsm;u aq;aE; wijyy/ x tjrirsm;u vuc oabmwyovm;/tb, aumioabmw&oen;/

2/ E iia&;wyl0i vy&m;jcri& yurn on w qu ;½ ;&E ioen;/

3/ E iia&;wyl0i vy&m;jci;jzi onaumi;us\;rmç pm;&& E ioen;/

4/ azmjyyEiiom;rsm;onrrwa&mu&aeonEiitop\Eiia&;wiy0ivy&m;urn qyu xEiiawm taejzirn r tus\;& E irn en;/

5/ E iia&;wyl0i vy&m;jci;run o aqme acrrsmçq ;½ ;rrsmçupm;&& apE ioen;/

6/ Eiia&;wiy0ivy&m;jci;\aumi;us;q;us;wuwucucceqlunyurnonuytav;omoen;/ x ovy&m;jci;jztius\;& rn{kijriyovm;/

Eiiom;1

]ulerwqrm b,olr Eiia&;u 'avmulu; pwr0ipm;lub;/ u,tvyeu,awmi em;&w, r&wm/ ai&mz? aysmzyg;z? ly;awm rom;p ta&;aw ey eye;v;aelu&wm? b,olur| vwawmxu ysi;p&m rece;awu apmily; em;raxmiaeEib;/ 'Eiirmvn; ulert taeeEiia&;x ywouvrr, rxib;/}

Eiiom;2

]t&iEiirmwe;u uleawm Eiia&;u pwawmi r0ipm;cb;/ Eiitlu;tuqoaw bmawvyv? bmawajymaelure;awmi roygb;Asm/ tce aumuwmaw? aialu;twutus qwmawe ½yaewmy? uleawmvn; wpv;ru em;rvnb;/ ausmi;ly;atmiawmi rwuc&w uslyvvlu 'trsl;om;a&;qw uplu;awu b,vem;vnEi rmv/}

Eiiom;3

]uleawmwEiirm vlwi;Eiia&;u pw0ipm;w,/ Eiia&; vycsiluw,/ 'gayr, tmPm&wolawu vyciray;b;/ olw ajymwmuawm uleawmw Eiia&;vy&i]jy ó emwuom;r,} v yxrawm ajymwmy/ aemu uleawmwuvn; t&pely; vylunwmayg/ vywme xwmy/ uleawm to wpa,muq&i tmPmyiawtay: tar;tjre; xlvqly; tvyawmi jylwom;w,/ ly;awm vlo&ilum; owi;pmxawmi t&ucc&w,/ 'vey uleawmwEiia&; qurvyjzpluawmb;/}

Eiiom;4

userw Eiirmawm a&;aumuyaw yre usi;yw,/ wm0e&w acgi;aqmiawuvn; aumi;reaom tp;&wp&y azmaqmir,v uway;xm;w,/ qi;&r wuzuz? ynma&; w;wuzel tvytuiaw zew;ay;zuvn; uwu0w jylxm;ygw,/ 'gayr,vn; vuawlrm wpcr| jzprvmcb;/ acgi;aqmiawu tp;&u to;csly; u,usl;p;ym;twuy vyaeluwm/ vmbay;vmb,l vyly;awm totulr; aqrsl;awy aumi;pm;om;luwm/ acgi;aqmiq&i b,acgi;aqmir raumi;b;? tue tusiyuoawcsn;y/}

3.3 owif;tcsuftvuf rsm;tm; a0zefqef;ppfjcif; 3.3 - zwfpm&e

owif;tcsuftvufrsm;udk a0zefqef;ppfjcif;\ tusdK;w&m;rsm;

owif;tcsuftvufrsm;udk qef;ppfjcif;u tb,faMumifh ta&;ygoenf;

Eiiom;ynma&;\ ta&;ygaom tpwtyi;wp&yrm qe;ppjci;Eiaq;aE;jci;wyijzpon/ wp0;wpa,mu\ wijyajymqcsursm;u o&lum;em&on tcgwi; av;av;eueu qe;pp o;oylu&e vtyvon/ xo qe;ppjci; r&ygu wpyg;ol\ yg;pyzsm;wiom vr;q;um tvrnmclu&rnom jzpon/

ojzpí t,ltqwp&y? owi;tcsutvuwpcu o&lum;em&ontcgwi rnon talumi;t&mu ajymon[o&½rjzi &ywe raeoi/ atmuygar;ce;rsm; to;jyKy; qe;pp a0zeoivon/

- xtcsutvuu rnon ae&mr &&oen;/
- rnolu ajymqoen;/
- rnon talumi;alumi ajymq&oen;/
- xowi;tcsutvuu vltrsm;u vucvujci;jzi rnolw tus;cpm;&oen;/

Ei;,SOwdkjyr

owi;? tcsutvuwp&yu wijyluontcg]aumi;re} on t,ltqwpcu rwijyr]q;&m;} on t&m wpcjzi Ei;,0jyowwluon/ þen;pepu ta&mi;0exr;rsm; to;jywwluon/ wu,a&mi;von ypn;u t&irjyb aps;u;on? t&ntao;eron ueypn;u jyoly; Ei;,0a&mi;cswwluayon/

]ue;*Pe;} rsm;jzi a&;cS,SOwdkjcif;

owi;? tcsutvuwp&yu wijyontcgwi]ue;*Pe;} rsm;u to;jyKy; vltxi;u;atmi azmjyww luon/ xtcgrsK;wi qe;ppa0zewwol wp0;taejzi]rnon tcsutvursm; xecsexm;alumi;} ar;jre;&e vrn/

0yrmq&aom jrermabmv;toi; 10 *; oi;Eion[lon tqwp&yon jynpjci; r&ao;/ tjcm;toi;u 11 *;oi; vuonqvÇirvtq\ tEpom&rmysu,i;om;Eion/

xtajctaersK;u pm&i;ti;rsm; wucsuon tcgwivn; awU&Eion/ 0yrmtm;jzi]wp&m &mciEe; 0,vtm;wuon} [qxm;aomvn; vma&mu0, ,lolwp0;om&ly; xwp0;wn;u0, ,lom;onvn; jzpEiayon/

cpm;cyuf&dk Ijzcif;

xen;pepu Eiia&;orm;wu rlumcP to;jyKwwluon/ vltrsm;\ pwu E;qEiaom a0g[m&rsm;jzi to;jyKwwluouo aq;aE;jii;c&e rv,uavmuon talumi;t&mrsm; (u,pr;0mPpr;&or¢u;pm;&rn jzpalumi;? rom;pu tav;xm;oialumi;? wi;cspjyncsppw ar;jrLu&rnjzpalumi; ponw) jzivn; qaqmi pn;½;wwluayon/

xtjzprsK;u tbm;rm;\ a&;aumuy vly&m;rrsm;wi awU&Eion/ ol\ a&;aumuyt¢u¥ rece;rsm;wi]tajymi;tv}?]ar{mvicsu} pon a0g[m&rsm;u xywvv to;jyKxm;on/ xuoaom pw"mwcetm; ay;Eion pum;v;rsm;u to;jyKxm;on reaomvn; teut"ym,u tus,csU &i;vi;ziqxm;on r&acs/ oaomvn;]pwcpm;csursm;u E;q} Eicontwu 2008 a&;aumuywi tEi&&cly; orw jzpvmcayon/

Adapted from : David p.76

3.3 - aO[[m&rm;

(u) q;[zwcuc rwcdi;
- a&;c , r
- a&;c , p&mrm;
- pppon

(*) ,[u nr
- , luncu
- vucon
- oo , &r

(i) rjwr
- w&m;on
- nrjci;
- reuejci;

(c) a[zm;rwr
- trew&m;
- &ywncu
- vrnmr

(C) trew&m;
- rm; , i;on
- reueon
- ppreon

(p) a , b , o;oycu
- tm;v;
- buvur
- yaoum;u tjrirm;

3.3 - tcq r&m;

(u) owi;tcu t vuaw y&vmwme trl ueawm waw en;revr;re raw;wwluawmbl;/

(c) , aeacw tp;&rm;on jynowtay: tlur;zujci; en;vr;jzi rxe;cdy owi;tcu t vujziom xe;cdyon/

(*) ynma&;jzi jynolrm; aw;wwac:wwatmi azmaqmiay;&rn/

(C) rrwajymaom talumi;t&mxu? rrw\ wijyyu yta&;u;on/ wijyrlaumi;r atmijrir &&Eirn/

(i) vltci ta&; cd;azmurrm;u o&xm;½rjzi rvavmu? xcd;azmurrm;u &yweEi&etwu vuawlaqmi&ulu&e vtyon/

3.3 owi ;tcGu tVyu rm; tm; a0Ze qGe ;pp jci ;

vyaqdi;jcif;1	trew&m&maz;jci;/
taumif;txnf	owi;pmacgi;p;rsm;uqe;ppo;oyfuN jci;/
&nf&G,fcsuf	owi;rsm;wiaw&onbuv urrsm;ou&vmlyx\ buv urxrm;& &on talumi;&i;uqe;ppE i&e/
oif;axmufulypönf;rsm;	ausmi;om;4O;r5O; txyfy0ion tzrsm;zEion/ tzwpzp taejzia tmuyfw v tyrn/ (oiaxmuu upm&u 3.3.1) yg]owi;acgi;p;rsm;}/

vyaqdi;tqifh qifi

1/ ausmi;om;4O;r5O; txyf0ion tzrsm;zapyg/ (oiaxmuu pm&u 3.3.1) yg]owi;acgi;p;rsm;} u av vmzw½apyg/

2/ buvurr&reuewu:on owi;rsm;u a&;om;wijy&e twurnonwu ueowwm;q;xm;alumi; tz twi;aq;aE;apyg/

aqG;aEG;&ef ar;cGef;rsm;

1/ rrwtaejzi owi;talumi;t&m wp&yu wijy&rn qyfu tqyfowi; wusr&? r& rno qe;pprn en;/

2/ pwcpm;r rsm;buv ur&oowi;rsm;ay:ayfu vmapon [xiyfovm;/

3/ jrerm E i ir&h onowi;r', mrsm;onbuv uoowi;rsm;a&;om;azmjywwlfuoen;/

4/ buv urr&awb;ac:wwap&ern ojyluSi v uemtyoen;/

u

ab;q;

- twwyiv, jyiwi ½&m;oabmepjrky/
- x tjzp twu tar&uea&wyu ½&m;u tjypwi/

c

tyyi;a' o u &er;

- t"u½P;rsm; wplrky; wplr quwujzpym;/
- vueu? wwc uiaqmixm;orsm; wp0;u wp0; ypcw? t rrsm; ysup;/
- nrxu& tre xwjyexm;/

*

ri;om;acgi;aqmi;xm;on bv;

- wi;&i;om;vueuui r;, pwyzwpzxr ai, c on [0g&iEiia&;orm;wp0;u pypxm;/
- xEiia&;orm;u pcsu tm;v;u y, cs/

C

lre, aq;½wpcu tjzpq;

- lre, aq;½wi ao;oi;&mr HIV a&m*gu;puc&on [trsl;or; wp0;uq/ vueu? wwc uiaqmixm;orsm; wp0;u wp0; ypcw? trrsm;ysup;/
- rnon trm;r rusL;vec [aq;½u wjyexm;/

3.4 owif;ay;rSKjyóemrsm;udk owif;tcGifhtvrf;rsm;jzifh tajz&Sm;jcif;
3.4 - zwfpm&e

owif;tcGifhtvrf;u q&SpfazgfjcifE;

owif;tcGifhtvrf;\ wefzdk;

urÇmwpf0ef;wGif r'D,m\ tcef;u@Ei ouf&muf rIrSm wpf[ef; wf;wuf vmcJh&onf/ vltzJGtpnf;rsm ½kyf;ay;vIyf;vIyf; wpf0ef; tay: wpf0ef; a&;,ciuxu yr rcvm&onEitrI owif;r'D,mw\ u@rmvn; ta&;ygvm&on/ xr'D,mwr&&on tcGifhtvrf;rsm;u tajccHy; urÇmvltzJGtpnf;twi;&jzpyGu ajymi;vr rsm;u rSuajcrjyw apmifhunfhu&on/

o&mwivn; vltzJGtpnf;to;o;taejzi r'D,mEi xawGh&&HuyjcifrIwnEiGu/ þonu owif; tcGifhtvrf;u &&rEi t&ntao;wtay:wi oua&muEion/ xuo rwn&on taMumif;&i;wwi tp;&rsm;? Eiia&;orm;rsm;? lloZmBu; p;ym;a&;vyie;&irsm;u owif;tcGifhtvrf;trm;rsm; xwvir? qiqmjzwawmuxm;r ponw ygOifhuon/ xtwyi tlur;zur? vrvy&m;r paom taMumif;t&m owif;tcGifhtvrf;wuvn; xecsexm;jci;? xe;csyxm;jci;w jy/vywwluayon/

zdESdyfrI&m ynmay;r

uEywtaejzi xwaOxm;&on r'D,mrsm;u vuvr;rorIEi;,Oo;oyoion/ xtjyi r'D,mxwvyr vyie; tqiqiEi r'D,mavmuwi; tajctaersm;u u,wio&xm;&evn; vtyvon/

xo o&xm;jci;jzi r'D,mtrsm;rsm; &&on owif;tcGifhtvrf;u uSm;aMumif;wuS a0zeo;oy&mwi taxmu tujy/Eihy; em;axmifhun½oae&mr omru xwaOoae&mryg o;oyvmEirn/ orvn; r'D,mu tuSm;&& to;jy/Eio [owrwEiayvrrn/

zdESdyfrIEi vlUtcGifhta&;qdkif&mu ynmay;

r'D,mu tuSm;&& to;jy/EiojzprvltzJGtpnf;twi; wuÅupm ygOifEiayvrrn/ xuo tuSm;&& to;jy/Eio jzp&etwu atmuyg tcu 2 &y vtyon/

1/ quqrI t&ntao;

quqrI t&ntao;rsm;u owif;tcGifhtvrf;u&,l&mwi tc&mu$von/ xt&ntao;rsm;on bmompum; uÅr;usirItay:wi tajccvsu &ouo vltrsm;Ei xawGhajymq quo,&mrwpqi w;wuvmEion/ þt&ntao;wu aumi;revmap&erm tpOavusiae&e vtyon/

2/ zdESdyfrIEi vuyÇ;wo;&r

,aeacway: r'D,mtrsm;rsm;u pOqurjyw rSuajcrjywap&ermvn; ta&;BuD;von/ xtjyi r'D,myg taMumif;t&mwu &i;&i;vi;vi; em;vn ojri&evn; von/ xt&ntcsi;wu yiqiEi&etwu pOqurjyw avvm oi,ae&rnom jzpon/ tx;ojzi pme,Zi;r'D,mrsm;jzi tpO vuye;wo; &oivon/

e&uy pmapmirsm;on jynorsm;twu ta&;BuD;on owif;tcGifhtvrf;rsm;u v,viwul ay;pr;Eihuon/ pmoiausmi;rsm;wi e&uypmapmirsm; xm;&jci;jzi ausmi;om;rsm; owif;tcGifhtvrf;u yr &&Eiap&e proiayon/

Adapted from: Living democracy 160

3.4 - aO¤[m&rsm;

(u) tuÂ;taumi;wuÁ qdkif;cdkif;
- ar;ce;xwjci;
- xijri , qcsu
- vwvyaom

(c) aq;aE;wdkifyifc;
- oabmwncsu
- rwnr
- t , tqrsm;

(*) qusqa&;
- pum;
- ajymqon
- v

(C) xijri , qcsu
- qeusion
- oabmwnon
- talumi;jycsu

(i) em;axmi&Ir tpn;
- lum;emon
- vspvsL½on
- em;vnoabmayguon

(p) aq;aE;ji;cr
- tzU tpn;
- jii;con
- aq;aE;on

3.4 - tqrsm;

(u) rnolwp0;wpa , muur oÚwpyg; tay: jc , v , vr;r;cir&/

(c) Eiia&;&mrsm;? Eiiacgi;aqmirsm; talumi;u o&xm;jci;u Eiiom;qi&m y;aygi;yg0ir \ tajccyi jzpon/

(*) tjrit , tq rwnrrsm; tlum; aq;aE; ajymqr on Eiiom;qi&m y;aygi;yg0ir \ tajccyi jzpon/

(C) , aeacwtcgv r' , mEi tiwmeuacwwi vaw pum; yajymvmuon/

(i) tiwmeualumi vaw ysup;vmuw , /

(p) r' , mwi azmjyluon wpzupe;a&mu tjrirsm;u cjcm;quqrrsm;? tre;w&m;rsm;u yr ayguzm;vm apon/

3.4 owif;ausmif;ESifh pmoifcef;rsm;wGif ur®mhtyl csdefwufjcif;

3.5 owif;tpDtpOfrsm;\ tcef;u@

3.5 - zwf&rnfpm

r,fonf;\ aumif;ucsuf; qdk;ucsuf;rsm;

21 &mpEpf\ r,fonf;rsm;

21 &mpEp r',m ,Oau;r twi; ar;zm;b u;jyi;colwi; taejzi uejyLwmrsm;? rbi;ze;rsm; to;jyum wpO;r wpO; urmwpae&mr wpae&moU owi;tcsut vursm; v ,ulvsijrepm p;qi;Eiclyjzpon/

tjzptysuwp&y? talumi;t&mwp&yjzpym;ay:aygu on qonEi csucsi;qovyi owi;tjzp o&Ei luon/

xtajctaewu ukeawmw\ vuc,lqxm;csursm;tay: oua&mur&½omru EiiwpEii? vlrtzUtpn;bu; wp&y\ vlrwnaqmuyuvn; yazmvr;r;vsu &aeayon/

acwfopfr,fonf;Ei acwfa[mif;r,fonf;rsm;

vecaom Epwp&mceavmuu owi;pm? pmapmirsm;rwpqi owi;tcsutvursm; o&clluaomvn; ,aeacwtcgwi owi;tcsutvursm;u pum;v;rsm;xu ½yorwwr;rsm;jzi o&vmEion/

vuawlavmuEi r',mygowi;? azsmajza&;wrm u;v;a&m ,uvmonEi tr a&;ya0oPuwn;u vuccon 'rua&ppEe;rsm;Eivn; xywuw;vmluon/ xtxwi atmuyg t,ltq 2 &yvn; yg0ion/

- Eiion;rsm;on pm;o;o[Zmon[on tBud -r',mtzUtpn; trsm;pon owi;Zmwvr;rsm;u jynolw toynmw;wu&e [lonxu a&mi;uewpctjzpom oabmxm;wwluon/ xuo oabmrxm;yguvn; a&&n&ywnEilurn r[wlu/ þonu owi;tcsutvu wusru avsmusaply;? ta&;bu;on vlrup&ybu;rsm;u rsuu ,jyxm;apayrn/
- r,fonf;wGif tvGefYuSif;&Sif;aom owif;Zmwfvrf;rsm;uom ydkí xdkufwefonf -r',mtzUtpn;rsm;on]ta&;bu;on} owi;rsm;xu]vlpw0ipm;rn]pwvy&m;apaom} Zmwvr;rsm;uom a&;om; azmjywwluon/ vtrsm;u ,wiuvn; reon rm;onu rlunawm? trsm;pw0ipm;on owi;rsm;uoma&;cs,]0,,}aeluon/ xalumivn; tqyg owi;rsl;wuom vr;r;vmluon/

tpdk;rwpfcktaeESifh r,fonf;cGifhjyKcsuf[oufqdkifjcif;

xtajctaers;u qeusibu a0zetbujyrrsm;u ywwyi&ma&muon/ vwvyyivi;on vabmitzUtpn; wp&ywi ccacsyci (tp;&? vlrsm;pjzpowEi oabmxm;uvci) u &&Ei&rn/ xo jyvy&mwivn; tjypay; wm;jrpywyici; rjy&/ r',mu ,wiu a0zerrsm;on]Eiiawm vlcla&; xyg;apon} [wijy ajymqaejci;u vwvypmajymqciu ywwyiaejci;yi jzpon/

EdkifiHa&;qdkif&m pdwf0if pm;rIrsm;ESifh oufqdkifjcif;

Eiitwi;& t"uusonr',mtzUtpn;rsm;u vlrsm;pu,pm;jyolwuom csyuixm;jci;u veñ;pw\ touar;reapEion? aysmuu,om;apEion/ xtajctaers;wu ven;ptay: tEwoabmaqmion tjrirsm; ar;zm;apEi½rru 4i;w\ ori;alumi; tp0tvmwuyg z,&m;yp&ma&muon/ þonu wi;&i;om; ven;pwtwu tusl;wppwp&mr cpm;&&Eiaprn r[wacs/

Adapted from : Media Democracy Educators Guide

3.5 - aO;[m&rsm;

(u) qiqpZwawmuf
- r',m
- tp;&
- vwvyaom

(*) bu^uf
- qijciwui;rI
- xijricu
- rr|waom

(i) ab;tE¨&m,f
- vlcon
- vlcr
- jyó em

(c) ṁṁ**
- ½yjriolum;
- owi;
- tiwmeu

(C) aq;aE;r
- ajymqon
- vra&;
- tjri

(p) wf;wf;owdjpum;
- reueon
- lum;on
- ,lunon

3.5 - tqÇjyKrsm;

(u) ta&;tci;umv twi; qEjyo? vy&m;olrsm; tay: &rsm;\ ½uEur owi;u wAwi xwvi jyojci; rjy oi/

(c) vwvypm ajymqcion tus;xu tjypu yrsm; on/

(*) r',mon tp;&xuyi tmPm yr yiqixm;Ei on/

(C) r',mon jynow\ pwEv;u xe;cyv u &on/

(i) tr;or;rsm;u tm;en;olrsm;? eruolrsm; tjzpom r',mwi azmjywwluon/

(p) vtci ta&;u r',mrsm; tav;rxm;lu/

(q)r',mrsm;wi owi;q;rsm;om azmjyyg&wwon/

(Z) tp;& taejzi r',mtay: xe;cyoion/

(ps) vtci ta&;u tumtu,jyay;Ei&e vrue&u rsm;u yy;ay;vu &on/

(n) vwvyon r',mwp&y r&or vwvypm ajymqci vn; rcpm;&Eiac/

(#) uEyw\ ,Oaus;ru rysup; ryaysmuap&e r',m tm;v;taejzi y;aygi;wm0e,lu&rn/

3.5 owi;wpfapmif&Sd pmtkyfrsm;ESifh taumif;qHk;tcef; tajctae ;u@

vkyfief;t&nftcsif;1	vw vy pmx w azm wi jyci tay: r i rsm;/
taumif;qHk;tajctae	vw vy pmx w azm wi jyci tay: r i rsm;uav vmo ;oy jci ;/
&nf&G,fcsufu	r won oabmxm; tjri wp &yxm;& E i ap&en &, on /
oifaxmufulypönf;rsm;	au mi ;om;wp 0 ;p twu
	(oi axmu u upm&u 3.5.1) y]vw vy pmx w azm wi jyci tay: r i rsm;}/

vkyfief;aqmif&Gufrnfhenf;

1/ (oiaxmuuupm&u 3.5.1) y]vwvypmxwazmwijycitay: tjrirsm;} u ausmi;om;wi;x r a0ay;y/

2/ xaemu]vwvypmxwazmwijycitay: tjrirsm;} u av vmzw½y; tqy tjrirsm;u oabmwnr& r& q ;jzw apy/

3/ x tjrirsm;txaausmi;om;w Eoiabmxm;tu u n q;o r [wa oabmxm; ru u n q ;aom tjri wp &y ua&;c , q ;jzw apy x oa&;c , &on taumi ;&i ;u ayz m jyapy/

4/ ausmi;om;4 0;r 5 0; t x y0ion tzrsm;zapy/ tz0itm;v; taejzirnon tjrirsm; tay: vuc oabmwon E in ontaumi ;aumijzp on uq ;jzw ap&rn /

5/ wpwe;v; taejzi]vwvypm xwazmwijycitay: tjriwp&y} c i;pu aq;aE;apy/ (jzpEirn q yuatmu yvyaqmic ursm;uqyu vuvyaqmiapE irn /)

6/ azm jyy tjriwp &y p twu n onausmi;om;urn r txaxmu c r & on u vq nj ;zw apE i on / pmoi ce;\wpzu u]t ui ;rvu c oabmwon} owrwxm;yqe u i bu tjcr ;u]t ui ;r ue uu on} owrway;y/

7/ xaemu tqy tpe;Epbutlum; rnon ae&mwi &yrnu ausmi;om;u ,wi q;zwapy/ ausmi;om;w\ rwwy&yon ae&mu lunly;]tjriwp&yp} tay: wpwe;v;\ c,c ursm;u lc i o ;oyE i ayv r rn /

aqG;aEG;&efar;cGef;rsm;

1/ vw vy pmx w azmwi jyci uue owoi y o v t;/b , aumi en ;/

2/ vw vy pmx w azmwi jyci Etici ta&y ;ay i ;v y aqmi r w tru m,q u E , aeuoen ;/

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Moe Care - Bacon

]vwvypm xwazmwijyci} u b , vjriluv? oi , csi;w/

Like • Comment • Share • September 4 at 1.25pm

1/ tou 14Epausmw vi , wi; tiwmeu tvum; &oiw , v xiw , /

oabmwon - oabmrwyg - raocsmyg

2/ emrnlu;woaw&l trtx *me , vpawu "mwyvuly; c;½uluwm rjzpoib;/

oabmwon - oabmrwyg - raocsmyg

3/ bmoma&;el ywouvm&i b , bmomtalumi;yjzpjzp vwvwvyvy ajymci&oiw , /
tjii;ym;rawl y#yuaw ay:vmr , qwm oayr , vn; vwvyci tjyn&oiw , /

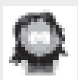
oabmwon - oabmrwyg - raocsmyg

4/ vira&;&m yi;jcm;owrwrawtalumi; ausmi;r]r} oioib;/

oabmwon - oabmrwyg - raocsmyg

5/ *&wzwD (Graffiti) qwtcg vrsl;a&; cjcm;w yawuvn; cijyloiw , /

oabmwon - oabmrwyg - raocsmyg



6/ jir;csr;pm xwazmqEjyw , qwmawu b , talumi;alumiy jyjy? b , ae&mrmy vyvy
cirjyloib;/

oabmwon - oabmrwyg - raocsmyg

7/ vrsl;a&;cjcm;oawu vtrsm;a&l pum;ajymci yw&r , /

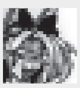
oabmwon - oabmrwyg - raocsmyg

8/ r' , mawtaeel owi;tcsutvu civr r&b; q&iawmi b , talumi;t&mjzpjzp v-
wvwvyvy a&;om;xwa0ci &oiw , /

oabmwon - oabmrwyg - raocsmyg

9/ 12 Ep t& , uav;awvn; wuw;x;csi&vn; x;ci&w , ? em;azmucsivn;
azmuEi&r , ? cijylay;&r , /

oabmwon - oabmrwyg - raocsmyg



10/ trsl;or;aw a&lu jzwom;wtcg vr;ab;rmxiaew trsl;om;awu xuyg;&uyg;
ajymwmrsl; rvyoib;/

oabmwon - oabmrwyg - raocsmyg

11/ vrsl;a&;re;w;r? tlur;zurawu axmucajymqwol b , orq zr;q; tjypay;&r , /

oabmwon - oabmrwyg - raocsmyg

12/ 16 Ep jynw , qwme rxnci &&r , /

oabmwon - oabmrwyg - raocsmyg

Write a Comment...

3.5 owif;ifrsm;ponfh သင်ကြားနည်းများ ;u@

လုပ်ဆောင်ချက်အမျိုးအစား	*sme, vpwpOapmi xe;&rnusi0w/
အချိန်သတ်မှတ်ချက်	owi;axmuwpO;taejzivue&rnusi0wrsm;uaumi;om;rsm;u,wi avvmo;oyjci;/
ရည်ရွယ်ချက်	r',musi0wrsm;taluaiv,vmo&Eiiapa&e&,on/
သင်ထောက်ကူပစ္စည်းများ	Epa,muwpwway;Eiionx/ aumi;om;rsm;twu (oiaxmuupm&u 3.5.2)y]r',mEiusi0w}/

လုပ်ဆောင်ရမည့်အဆင့်များ

1/]aumi;om;rsm;on owi;axmursm; jzpluon/ rrw\ owi;pmwi xnoi; a&;om;&e twu owi;Zmwvr;r&& xm;onx Zmwvr;rsm;u xn oia&;om;oi froi uq ;jzw&e twuq y jzp&yrsm;wirno acusi0wq iapmi xe;z,&m&m;aealumiO;pmqe;pplu&rjzpon/}

2/ Epa,muwpwwaply;(oiaxmuupm&u 3.5.2)y Z,m;uuujznpuapy/ xojznpu&mwi jzp&ywp&yp twnun onusi0wEqiuE,aealumiq ;jzwlyt;rejcpjcpay;&rn/

3/ xaemuZmwvr;uxnoi;a&;om;oiroiq;jzw&rn/xoq;jzw&mwiusi0wapmixe;cursm;uy xn oi;p0;pm;&e on/

4/ owi;Zmwvr;rsm;a&;om;azmjylu&mwiowi;a&;om;orsm;buurnonusi0wrsm;apmixe;&rn jzpalumiywpwe;v ;taejzuiq;aE;apy/

5/ azmjyyjzp&yrsm;xrrn ononowi;Zmwvr;ua&;om;azmjy&eroi awmalumiq ;jzwapy/

အကြံပြုထားသော ဆောင်ရွက်ရန်များ

1/ owi;Zmwvr;rsm;uwijylu&mwi½yoowi;axmursm;EiyEyvyie;wivyuiaeonowi;axmursm; tlum;rnoujym;luoen;/ usi0wapmixe;rwnluyovm;/ tb,alumien;/

	y*Ïvdkaom; vkyfvkyfaqmif	vkyfaqmifaom;	0yaESifhqdkifaom; taqmif taom;	ÐpmE;r	vkyfvkyfyg aqmifqif	w&m;ao toifh tqkdif; tpmp;
(u) vwawm trwwp0;u w½wurP wpcEi vÇ0u aq;aE;on talumi;u vwawm tpn;ta0;wi vrnm(xecse) ajymq/	☐	☐	☐	☐	☐	☐
(c) vom;vr;rsm; vcpwcs&r r&alumi; rsurjrirsm;Ei cEmu , roepr;o rsm;u xwazmqEjy/	☐	☐	☐	☐	☐	☐
(*) pu½rawmwqrwi yg0icow \ rom;p0irsm;u za , mi;wi r;xe;ly; qExwazm/	☐	☐	☐	☐	☐	☐
(C) trsK;trnro Ai;&ya&m*gy;jzi uav;i , 3 0; xyraoq;/	☐	☐	☐	☐	☐	☐
(i) wi;&i;om;vi , rsm; jynr&u;r vi , rsm;xu r; , paq;0g; yr o;pluaumi; ppwr;rsm;u qxm;/	☐	☐	☐	☐	☐	☐
(p) xi;jrerme , pya'owi a&Ûajymi; tvyorm; wp0;u xi;vq;*P;u owjzw/	☐	☐	☐	☐	☐	☐

3.6 v,ltz tpn;r vkp&Sv½ c &jci ;
3.6 - zw&e

cjcm;quqrEi t*g&0w&m;

cjcm;quqrEi t*g&0w&m; qonrm tb,fen;

cjcm;quqron vltcita&; cs;azmurlwprs;omjzpfy; yptrs;rs;jzi ep"0 awljriurm;o&vsu&on/ cjcm;quqrEi t*g&0w&m;won tjyetve quE, ywouvsu &luon/

t*g&0w&m; qonrm tb,fen;

rr\t,tq? ,lunrl wlnrvly; tjcm;olw\ t,ltqvucrrsm; tay: rav;rpm;jyljci;? rwer&m oabmxm;jci;u t*g&0w&m; [ac:qon/ x0g'u vuuijylxm;olrsm;on toirwol reorlu &eoloz, oabmxm;luon/ xtoirwrrsm;wi Eiia&;0g' t& rwlnjci;? vipwc,csut& ujym;jci; ponw tygt0i jzpon/ tre;w&m; jyeym;ap&e vlaqmajymqrrsm;? lcr;ajcmuowjzwrrsm;on t*g&0w&m;aluml ayguzm;vm&jci;yi jzpon/

cjcm;quqrqonrm tb,fen;

]cjcm;quqr} qonrm wp0;wpa,mu? tptzlwp&y&ytay: tjcm;olrsm;uo tcita&;rsm;? &yicirsm; cpm;Eijci;r ywyiueowxm;jci;u qvon/ xuo cjcm;&mwi]tout&,? um,tpr;? trs;tE,? ,lunrsu? vrs;? u;u,r? Zmw? usm;^r? bmompum;? ,Oaus;r} tp&on wtay: tajccxm;Eion/

cjcm;quqjci;u rrion oua&murrsm; &Eioen;

cjcm;quqrrsm;on rwlnrrsm; tay: arm[tjri z;vr;&mr jzpym;ay:aygu vm&on/ xcjcm;rrsm;on vlwp0;csi;p\ t&ntao;u tnew;apon/ xcjcm;rrsm;alumivn; ynma&;? use;rma&;? pm;0waea&; wtwu yyelu&on/ xuo cjcm;quqrrsm;u cjcm;quqjci;c&oltay: wu½uoua&murrsm; &ouo? vltzltpn;wp&yv; tay:wivn; o,0uvsu oua&murrsm; &aeayon/

e*;

vlwp0; tay: wp0; av;pm;wez;xm;jci; r&aom? cjcm;quqaom vltzltpn;wp&yon a&&n&ioeEi vrrn r[wonu tp0owroivon/

Adapted from: Compass

3.6 - aO[m&rsm;

(u) a&lajymi;taccrrsm;
- a&lajymi;on
- Eii
- tvy

(*) t&mrr
- tyjci;
- tr&m
- lur;jyi

(i) v*Pou
- wez;
- tcita&;
- av;pm;r

(c) vpf;a&; cjcm;r
- re;w;r
- cjcm;r
- ven;p

(C) ppy
- wucuon
- y#yu
- ppom;

(p) Eiir
- wi;jyn
- cjcm;quqr
- tcita&;rsm;

3.6 - tqrsm;

(u) csr;omoon qi;&oxu yr aysm&ion/

(c) qi;&ru rnon tcgwir tjrpjyw acsre;Eirn r[w/

(*) emrnysujci; rysujci;u trsK;om;rsm;twu roomv? trsK;or;rsm;twur touxuru ta&;ygvon/

(C) ausmi;om;wpO;wi cctm;usqi;r a&m*gy; &aeygu tjcm;ausmi;om;rsm;Ei tw pmoijci; rjyKapoi/

(i) trsK;or;rsm;on tvyyvy&ly; 'uyc&on twu tcita&; y&oion/

(p) bmomt ,Og'? ,lunrrsm;t& ven;pjzpaeluo won vrsK;pt& ven;p jzpaeowtwi; totrwjyK c&oion/

(q) vom;tm;v; we;wnr jzpae&e rv ty/ Oya' atmuwi we;wtcita&;rsm; cpm;Ei&eom vtyon/

(Z) trsK;or;tcita&;rsm;twu uREyw azmaqmi ay;Eicacsly/

(ps) u , u , u awmon? wwon[xion trsK;or;u trsK;om;rsm;Eiwe;w tcita&; &atmi awmi;qon/ trewu , x;cRexujru on trsK;or;u awmi;qru &yweon/

3.6 v ,l;tz ,ltpn ,f r vpf;v,fjcif;

vkyfaqmifcsufrsm;wGifyg0ifaomtaMumif;t&m	ukefaw;rkwiftrSwftrsKd;rsKd;xkwfjcif;wGif wdkif;wmrIESifh wGufcsufrIudk tajccH&mwGif ,ltzGJUtpnf;\ tcef;u႑
t&G,ftwef;	rnfonfhtqifhrqdk rnfonfhtaMumif;t&mrqdk
&nf&G,fcsuf	ykpämtay:wGif ,ltzGJUtpnf;\ oifhavsmfaomtaMumif;t&mudk ,lwwfap&ef
oifaxmufulypönf;rsm;	ukefaw;rkwfwpfckpD

vkyfaqmifcsuftqifhqifh

1/ (oiaxmufukd,f&u 3.6.1) y]v omE iqi jci w w&uqi ;r r l av v mzw ½apy/

2/ c&;p0 twi;rnon c&;on 3 0;Ei twp;ei;vuy v on rnonwEip;ei;vuy vjci;r&onu a&;c , q ;jzw apy/

3/ au mi;om; 4 0;p y 0ion tzr m; zay;y/ tztwi; au mi;om;w\ a&;c , x m;c u r m;u Ei; , 0 o ;oy apy/

4/ x aemutz 0i t m;vqabmw n onc& ;on3 0;pu q;jzw a&;c , apy/

5/ x a&;c , x m;c u r m;Ern on ta umi;w alumi&;c , &on uwp we ;v ;aoq;aE;wi jyapy/

6/ wp we ;v ; t aejzait mu y ar;ce ;w auq;aE; ajzq apy/

aqG;aEG;&ef ar;cGef;rsm;

1/ tz twi q ;jzw a&;c , &mwrin on tc u r m;u t ajcc lya&;c , c uoen ;/

2/ x otz twi a&;c , &mwioabmxm; rw u q i r&mc;y ov m;t b , alumi en ;/

3/ x c& ;on r m; tarn o aot jri r m;r m x m;& ww uoen ;/

4/ x t jri r m;t b , alumi ay ay u v m&oen ;/

5/ rn o r r Ei twwp ce ;wnr aev ont ajc taer ;u aw &y urn oc pm;&rn en ;/

&u ayi ;rm;pmlumatmi c&;&n p;ei;&rn &xm;vurw && xm;on/x c&;p0 t i; t yce; wpce;wi tjcm;v 30;Ei twp;ei;v uy&rn/

1/ atmuazmjyyy* /vrm;teu rno aomc&;om;r;Ei twwu p;ei;v uy oen;/

2/ rnow Ei wpce;wn;twp;ei;v uyvjci;r& oen;/

(u)00z i z i bP reae*m

(c) r; , paq;p aeo

(*) tr;om; ta&mi;0e xr;

(C)axmi x u E i i a&; tlur;zu vy&m;o

(i) E i ijcm;om; re;rvmaumi;om;

(p) uav;c xm;on trajc&mr tr;or;i ,

(q) t&u orm;pu ½ vyom;wp0;

(Z) cc tm;uqi;r a&m*y;& o vivyom;

(p) &

(n) vueu u i w i;&i;om;pp om;

(#) w i;&i;om;pum;omajymq wwon tr;or;i , wp0;

3.6 v ,ltz tpn ,f r vp&v½ c &jci ;

vyfaqmif&Guf&ef	v rsdK;a&;cjcm;r /
taumif;qHk;t&nf	]v rsdK;a&;cjcm;r q i &Sdyrmjzp &y rsm;}u av vmo ;oyjci ;/
&nf&G,fcsuf	]v rsdK;a&;cjcm;r rsm;alumirn onjyó emrsm; jzp ym;ay:ay,u vmE i onrEnio ajz& i ;E i onaw vmqe ;pp &&n & , on /
oifaxmufulypönf;rsm;	ausmi ;om;wpO ;p twu
	(oi axmmu upm&u 3.6.2) y,]v rsdK;a&;cjcm;r q iO&Sdyrmjzp &y rsm;}/

vyfaqmif&ef nTefMum;csuf

1/ (oi axmmu upm&u 3.6.2) y,]v rsdK;a&;cjcm;r q iO&Sdyrmjzp &y rsm;}u av vmzw½ apy/
2/ Epa , muwpw wapy; azmjyy jzp&yrsm; t ay: tjrirsm;u zv , apy;? ausmi;om;wu , wi &iqi ku aw &y urn ow jye rn auq;aE;apy/
3/ x aq;aE;csu rsm;uwp we ;v ;owi jyajymq apy/

aqG;aEG;&ef arG;cGef;rsm;

1/ v rsdK;a&;cjcm;r alumitusdK;w&m;rsm;c pm;&& E i y ovtm;b , alumi en ;/
2/ v rsdK;a&;cjcm;r \q ;usdK;rsm;uazm jyay;y/
3/ v rsdK;a&;cjcm;ryaysmu atmirn oaqmi &u E i rn en ;/

(u) wuovwpcwi bmoma&;acgi;aqmiwp0;u a[majymycsci ray;c/ wuov wm0e&ow\ tqt& xbmoma&;acgi;aqmirm vrsl;a&; cjcm;ve;owp0;jzply; wi;&i;om;rsm;u apmum;ajymqco jzpon[o&on/ xacgi;aqmi\ ajymqcsursm;rmvn; vrsl;a&; tlur;zurrsm; ay:aygu vmon[qxm;on/ xq;jzwcsuon tusl;alumi; qavsmon[xiygovm;/

(c) tE, trsl;or;i, wpa, muu ort vyvyon vyie;ciwi vrsl;a&;cjcm;rrsm; &aealumi; ajymqxm;on/ vyazmuizu tcsllon tE, rsm; raumi;alumi; tywcs ajymqaeluaulumi; reae*smjzpolx wilum;xm;on/ xo ajymqrrsm;rm aysmapysuapoabm ajymqjci;omjzply; *½puz rvalumi; reae*smjzpolu tm;ay;pum;ajymon/ vyie;ciwi tjcm;aom tE, vrsl; 0exr;rsm;vn; &ly; xajymqrrsm; tay: wilum;jci; r&alumi; qxm;on/ tqyg trsl;or;\ wilum;csuon vyaqmioion t&m jzpon[xiygovm;/

(*) wuovwpcwi &rwen;aom wi;&i;om;ausmi;om;wp0; wuov0ici &&con/ xausmi;om;xu &rwrsm;ol w½wausmi;owp0;rmr 0ici r&c/ xo jzp&jci;rm wuov\ wi;&i;om;ausmi;om;rsm; tay: tcita&; yay;xm;on r0g'alumijzply; wi;&i;om; ausmi;om;0;a& w;wuvmap&e &n&, on/ xuoaom wuov\ r0g' tay: vucoabmwygovm;/

(C) vi, wpp abmv;y om;lunon/ xo om;&mwi aumi;aumi;rom;? vr;wpavlmu atm[pqyom;on/ &Epa, mu a&muvmly; rq&e ajymon/ xvi, tzlltxwi Armpum; aumi;pm rajymwwon wi;&i;om;vi, 2 0; ygaeon/ xvi, tzllu &rsm;u rnon talumi;alumi ppaq;&alumi; ar;on/atm[p qyaely; vr;aevrsm;u pwtaEmit, uay;í jzpalumi; &rsm;u &i;jyon/ x&rsm;\ vyaqmicsuon vrsl;a&; cjcm;on vy&y[trnwyEiygovm;/

(i) wi;&i;om; trsl;or;i, wpa, muon tvytm; tlraemuuson twualumi tjypay;c &on/ xtjyi tvy&ijzpolu]wi;&i;om;vyom;awwi; tvy tlraemuusluw,} v ajymqb;on/ xtrsl;or;\ tjriwi olr tjypay;c&jci;rm oaX;\ vrsl;a&; cjcm;ralumi[,qaeon/ tqyg tvy&i\ q;jzwcsuu vucoabmwEiygovm;/

ykH&ydkif&Sifrsm;ESifh ykH&ydkif&Sifrsm;

rcO; ynma&;on pmtytptq;wi Creative Common r or[w trsm;yi &i;jrprsm;r ½yyrsm;uom to;jyKy; tjcm;yrsm;rm rcO;ynma&;yi yrsm; jzpfuygon/

rpyicirwywixm;onu to;jyKrrsm;twu twwEiq; reueatmi tao;pwtcsutvursm; azmfjy totrw jyKxm;ygon/ atmuygpm&i;wiYunyg/ oaom rpvijci;vn; jzpEiygon/ þpmtyu cEptawmfum a&;om;cKy; rsm;pmaom &i;jrprsm;u to;jyKxm;&jci;aMumivn; jzpygon/ tu,í to;jyKr wpcctwu rm;,i;pm or[w rjynrp azmfjyxm;jci;? rm;,i;pm to;jyKxm;jci; ponwu awGU&ygu rcO;ynma&;o

အကြောင်းကြား အသိပေးနိုင်ပါသည်။ ၎င်းတို့ကို အသစ်ထွက်မည့် တည်းဖြတ်မှုများတွင် ထည့်သွင်းပြင်ဆင်မည် ဖြစ်ပါသည်။ မူပိုင်ခွင့်

to;jyKrrsm;wiygon tjrirsm;? t,l tqrsm;rm rcO;ynma&;u u,pm;jyKjci; r&yg/

atmuygwrm þpmtytwi; to;jyKcon ½yyrsm; jzpygon/

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